

West Ashton Church of England  
Primary School



Physical Education (PE) Policy

Dated: Sept 22

Review date: Sept 24

‘You will shine among them like stars in the sky.’

Philippians 2:15 (NIVUK)

## **Intent**

At West Ashton CE Primary School we believe that PE has a unique role in education that extends beyond 4-18yrs, providing lifelong learning opportunities beyond the classroom. By encouraging all our pupils to be physically active, they will:

- improve their knowledge of health and wellbeing.
- develop fundamental movement skills which are the building blocks for a sport specific curriculum both inside and out of school.
- learn to work safely.
- develop many personal skills and lifelong values such as communication, collaboration and leadership of others.

All schools across Acorn Education Trust use Complete PE which is endorsed by the Youth Sport Trust. It covers a large number of activities and can be tailored to the curriculum delivered at West Ashton. Each unit provides assessment opportunities in a variety of ways which are undertaken. Acorn Education Trust organises festivals and competitions for Key Stage 1 & 2 and SEND pupils giving all the opportunity to extend their experience beyond curriculum time.

## **Implementation**

Each pupil receives a minimum of 2 hours of PE a week. It is taught by Acorn Education Trust PE specialists through a broad and balanced curriculum and the class teacher.

At Key Stage 1 the curriculum is designed to provide pupils opportunities to improve their agility, flexibility, coordination and balance as individuals and in small groups.

At Key Stage 2 pupils are taught a wider range of fundamental movement skills and develop these in more sport specific activities. The curriculum reflects the local demand of invasion games alongside an appreciation for the aesthetic activities of gymnastics and dance all of which feed into Acorn festivals or competitions.

## **Impact**

At West Ashton, PE gives pupils experiences in a wide variety of sports through quality teaching that is inclusive, engaging and fun. In PE lessons, children learn to take responsibility for their own health and well-being and gain the physical skills to use both now and in the future. Enrichment opportunities allow for greater personal development in which they will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired from PE. All pupils are physically active outside of their structured PE including music, PSHE, break times, lunchtimes and after school clubs.

## **Equality**

Positive attitudes towards PE are encouraged, so that all pupils, regardless of race, gender, ability or special needs, including those for whom English is a second language, develop an enjoyment and confidence developing their PE skills.