School Lunches - Allergens

Week 1

Monday

Sausage roll – wheat, eggs, milk Vegan sausage roll – wheat Lemon drizzle cake – wheat, eggs

Tuesday

Mince beef & onion pie – wheat Chocolate plum cake – wheat, eggs Custard – milk

Thursday

Chicken, bacon & tomato pasta bake – wheat, milk Tomato, spinach & cheese pasta bake – wheat milk Fruit cake – wheat, eggs

Friday

Fish fingers - wheat, fish Quorn fingers - wheat Ice cream – milk

Week 2

Monday

Pudding - Wheat, eggs, milk. May contain traces of nuts, soya

Tuesday

BBQ Quorn fillet – wheat Waffles – Wheat

Jaffa cake – wheat, eggs,

Wednesday

Vegetable tartlet – wheat, eggs, milk and may contain traces of nuts

Thursday

Chicken & leek pie – wheat, milk Homity Pie - milk Iced sponge – wheat, eggs, milk

Friday

Chicken nuggets - celery, wheat, milk, mustard, sulphur dioxide

Quorn nuggets - wheat

Ice cream – milk

<u>Week 3</u>

Monday

Chicken Korma – Milk, may contain traces of nuts and peanuts Sweet potato & lentil curry - Milk, may contain traces of nuts and peanuts Chocolate & Beetroot cake – wheat, eggs

Tuesday

Hot dog – Wheat, sesame seeds, soya & sulphur dioxide Vegetable sausage, hot dog – wheat, sesame seeds Sticky toffee pudding– wheat, eggs, milk, traces of nuts Custard – milk

Wednesday

Cheese & onion pasty – wheat, eggs, milk

Thursday

Cowboy stew – Wheat, soya, sulphur dioxide Jacket potato & cheese - milk Apricot flapjack - Wheat

Friday

Fishcake – wheat, fish Quorn fish fingers – wheat Ice cream – milk