

Name: \_\_\_\_\_

Class: \_\_\_\_\_

**TERM 4 and 5 - Week 1 –**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausage roll, new potatoes & carrots	Mince Beef & onion pie, sweetcorn & carrots	Roast chicken breast, roast potatoes & vegetables	Chicken, bacon & tomato pasta bake, garlic bread & peas	Fish fingers, beans & peas
Vegetarian	Vegan sausage roll, new potatoes & carrots	Jacket potato & beans, sweetcorn & carrots	Vegetable, tomato & lentil stew, roast potatoes & vegetables	Tomato, spinach & cheese pasta bake, garlic bread & peas	Quorn fingers, beans & peas
Pudding 1	Lemon drizzle cake	Chocolate plum cake with custard	Raspberry jelly	Fruit cake	Ice cream
Pudding 2	Fruit	Fruit	Fruit	Fruit	Fruit

	Monday	Tuesday	Wednesday	Thursday	Friday
Packed Lunch	Sandwich with yogurt, cookie and fruit	Wrap with yogurt, cookie and banana	Sandwich with angel delight, cookie and raisins	Wrap with yogurt, cookie and banana	Sandwich with yogurt, apple and cookie
Filling 1	Ham	Ham	Ham	Ham	Ham
Filling 2	Cheese	Cheese	Cheese	Cheese	Cheese
Filling 3	Egg	Egg	Egg	Egg	Egg
Filling 4	Tuna	Tuna	Tuna	Tuna	Tuna

**TERM 4 and 5 - Week 2 –**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chilli con carne, brown rice & peas	BBQ chicken thighs, waffle potato & sweetcorn	Roast gammon, roast potatoes & vegetables	Chicken & leek pie, new potatoes & carrots	Chicken nuggets, peas & beans
Vegetarian	Vegetable con carne, brown rice & peas	BBQ Quorn fillet, waffle potato & sweetcorn	Vegetable tartlet, roast potatoes & vegetables	Homity pie, new potatoes & carrots	Quorn nuggets, peas & beans
Pudding 1	Oat & raisin cookie	Jaffa Cake	Strawberry jelly	Iced sponge	Ice cream
Pudding 2	Fruit	Fruit	Fruit	Fruit	Fruit

	Monday	Tuesday	Wednesday	Thursday	Friday
Packed Lunch	Sandwich with, yogurt, cookie and apple	Wrap with, yogurt, cookie and banana	Sandwich with Angel delight cookie and raisins	Wrap with yogurt, cookie and banana	Sandwich with yogurt, apple and cookie
Filling 1	Ham	Ham	Ham	Ham	Ham
Filling 2	Cheese	Cheese	Cheese	Cheese	Cheese
Filling 3	Egg	Egg	Egg	Egg	Egg
Filling 4	Tuna	Tuna	Tuna	Tuna	Tuna

### TERM 4 and 5 - Week 3 –

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken korma, brown rice & peas	Hot dog, wedges & mixed vegetables	Roast pork, roast potatoes & vegetables	Cowboy stew, carrots & sweetcorn	Fishcake, beans, peas & chips
Vegetarian	Sweet potato & lentil curry, brown rice & peas	Vegetable sausage hot dog, wedges & mixed vegetables	Cheese & onion pasty, roast potatoes & vegetables	Jacket potato & cheese, carrots & sweetcorn	Quorn fish fingers, beans, peas & chips
Pudding 1	Chocolate beetroot cake	Sticky toffee pudding & custard	Jelly	Apricot flapjack	Ice cream
Pudding 2	Fruit	Fruit	Fruit	Fruit	Fruit

	Monday	Tuesday	Wednesday	Thursday	Friday
Packed Lunch	Sandwich with, yogurt, cookie and apple	Wrap with, yogurt, cookie and banana	Sandwich with angel delight, and raisins	Wrap with yogurt, cookie and banana	Sandwich with yogurt, apple and cookie
Filling 1	Ham	Ham	Ham	Ham	Ham
Filling 2	Cheese	Cheese	Cheese	Cheese	Cheese
Filling 3	Egg	Egg	Egg	Egg	Egg
Filling 4	Tuna	Tuna	Tuna	Tuna	Tuna